

Nurse, Midwife or Carer



Are you a nurse, midwife or carer? You should know what you can claim, as well as what you cannot. Here are all the details you need

The following can help you determine which are claimable:

- ✓ You spent money on work-related items
- ✓ You paid for the purchase from your own pocket
- ✓ The items directly affect how you earn your income
- ✓ You still have the proof of transaction

✗ You cannot claim a deduction if the expense is for personal use. To understand much easier, here is a breakdown of what you can request for a tax write-off:

Car Expenses

Deductions are applicable to the following:

- ✓ If you drive to another workplace on the same day, you can get a deduction for your expenses. The jobs do not have to be in the same field. For instance, you can be a nurse but also a waitress.
- ✓ Your employer may ask you to go to another worksite. If costs are incurred, and you were not reimbursed, you can claim a deduction.

Exceptions include:

- ✗ Driving from home to the workplace
- ✗ Lengthy travel time
- ✗ Working outside normal business hours, including holidays

✓ If you were asked to take a bulky piece of equipment, you could get a deduction. You should prove, though, that your employer did request for the item to be moved to your house. Plus, the equipment should be related to your income-earning capacity. It should also be at least 20kg or difficult to move.

Phone and Internet Expenses

✓ Claiming a deduction on your phone expenses should be easy. As long as it is work-related, whether it is for your Internet or phone call bills, you may be entitled to a refund.

Clothing Expenses

Deductions that you can claim include:

- ✓ Buying or hiring clothing, specifically uniforms
- ✓ Cleaning, repairing, and other maintenance for the uniform
- ✓ Buying clothing as required by the employer. It should be distinct to your work

Deductions do not apply to the following:

- ✗ Cleaning plain clothes, even those worn at work
- ✗ Mending and buying regular clothing
- ✗ Employers may tell you what to wear. Even so, if the garment is not considered as a uniform, deductions will not be applicable.

Self-Education Expenses

✓ If you have recently joined a seminar, course, or anything else, you can claim a deduction. The requirement though, is that the activity should help you improve on your job performance. It should not help you get another job – even in the same industry.

✗ For instance, carers cannot claim a deduction if they study to become a registered nurse.

Other Expenses

Anything that you have bought or paid for can be deducted from your tax. To give you an idea, the claimable items include:

- ✓ Calculators
- ✓ Subscription to technical or professional journals
- ✓ Union and professional association fees
- ✓ Commissions
- ✓ Practising certificate charges

If you were not reimbursed after paying the mentioned items above with your own money, you could easily claim a deduction.

